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around 100 calories per 16oz. Hot chocolate orders feature 240 calories and six grams of fat (10oz.), while smoothies run customers anywhere from 140 calories to 210 calories with zero grams of fat. Wed, 12 Sep 2018 16:16:00 GMT Tim Hortons Nutrition Facts & Calorie Information ... - Carbs & Cals is a unique way of counting carbs, calories and other nutrients. Our products show thousands of photos of food portions, with the nutritional info shown for each photo. Check out our bestselling books & award-winning app. Sat, 10 Nov 2018 03:32:00 GMT Carbs & Cals â€œ Bestselling Books & Award Winning App for ... - Carbs & Cals Soups has 1 rating and 1 review. Carbs Cals Soups Sat, 27 Oct 2018 09:18:00 GMT Carbs & Cals Soups: 80 Healthy Soup Recipes & 275 Photos ... - Olive Garden attempts to provide nutrition information regarding its menu items that is as complete as possible. Some menu items may not be available at all restaurants; limited time offers, regional items, or test products may not be included.

### NUTRITION

INFORMATION - Olive Garden - The brains behind the #1 bestselling Carbs & Cals are back with the ideal soup book for the health-conscious. 80 delicious recipes, beautifully presented, showing detailed nutritional

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